


SFC Squash Ladder Rules

- 
- A photograph of a man and a woman playing squash on an indoor court. The man is in the foreground, wearing a black tank top and dark shorts, looking towards the woman. The woman is in the background, wearing a purple sports top and dark shorts, in a crouched position ready to hit the ball with her racket. The court has a wooden floor and a white wall with a red stripe.
1. **Players** can challenge a **maximum** of two positions above their current position on the ladder. If the challenger wins the match, then he/she shall move into the **position** of the player challenged and that player shall effectively move one position down on the ladder. If the challenger loses the match, then the ladder remains unchanged.
 2. The player challenging must clearly indicate his/her intentions to challenge prior to the match. Players should clearly differentiate between social and official ladder matches. A date and time of challenge matches must be agreed upon between the relevant players.
 3. Players that have not been ranked and/or are new members may initially challenge anyone on the ladder. If the challenger wins the match, then he/she shall take that position on the ladder and the player challenged shall take up the position just below the challenger. If the challenger loses his/her match, he/she shall be placed at the bottom of the ladder and may then only challenge a maximum of two positions above him/her at any particular time, thereby progressively working his/her way up the ladder.
 4. Matches will be best of five games using PAR (Point-a-Rally) until 11.
 5. Challenge match results should be deposited in the ladder box in the slot provided for.
 6. Official SFC Squash Tournaments , like the SFC Club Championships (Closed), Business League, etc. shall also count towards ladder rankings.